

# PSYCHOSOCIAL CARE IN TSUNAMI DISASTER MANAGEMENT- NGO EXPERIENCES



IDHAYA PSYCHOSOCIAL CARE PROJECT

G.SRIRAMAPPA – COUNTRY DIRECTOR





- Our vision is a world where every single child has
- the right to grow up in a safe and secure family, free from poverty and exploitation

## In India

We work to prevent child abuse and violence, protecting and supporting vulnerable children who are, or are at risk of being, separated from their family and community, particularly trafficked children (including commercially sexually exploited children), child domestic workers and children living and working on the street.

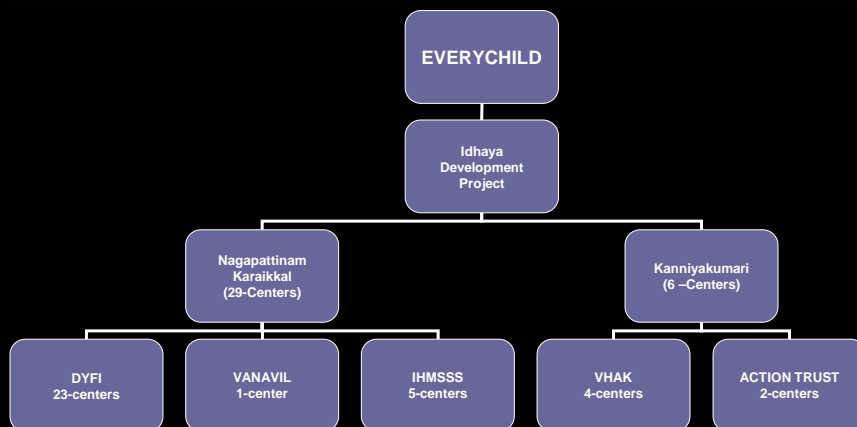
(Priority states- Karnataka, Tamilnadu, Orissa and AP)

# Every Child -Idhaya Psychosocial Care Program

## Aim:

Psychosocial care and competence building among children and others attending various activities under the Child Care Activity Centers (CCAC).

## STRUCTURE OF THE PROJECT



# Psychosocial care activities

- CONSTRUCTION OF CHILD CARE ACTIVITY CENTERS
- SELECTION OF TEACHERS
- TRAINING OF TEACHERS
- HAND HOLDING
- NEEDASSESSMENT

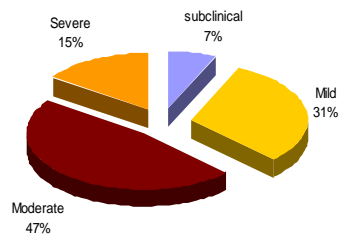


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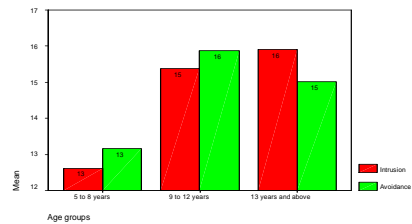
## NEED ASSESMENT

### IMPACT OF EVENT

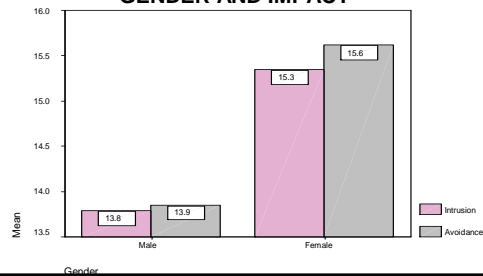
#### IMPACT



#### AGE AND IMPACT

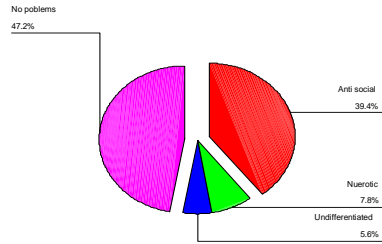


#### GENDER AND IMPACT

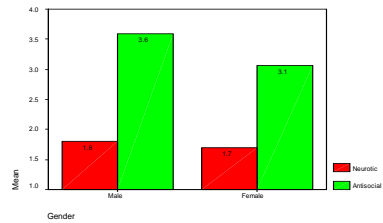


# BEHAVIORAL PROBLEMS

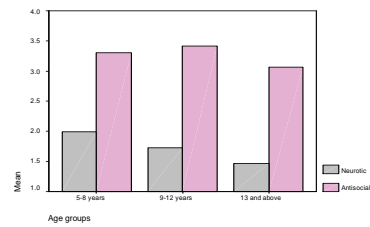
Behavioral problem



GENDER AND BEHAVIORAL PROBLEM

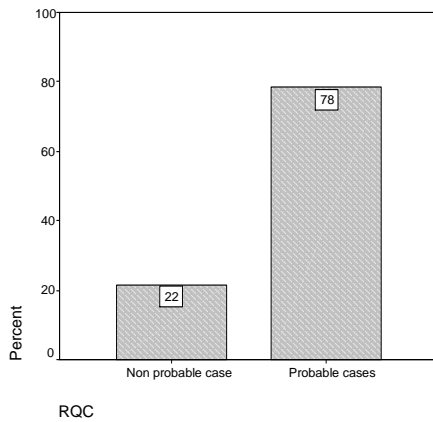


AGE AND BEHAVIORAL PROBLEM

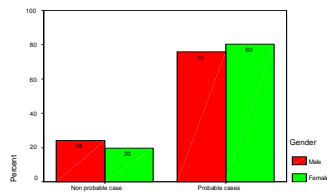


# Probability towards mental health problems

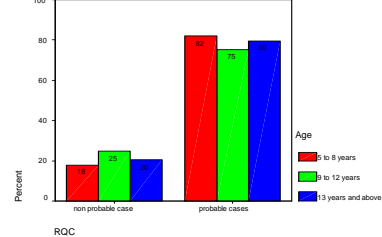
PROBABILITY



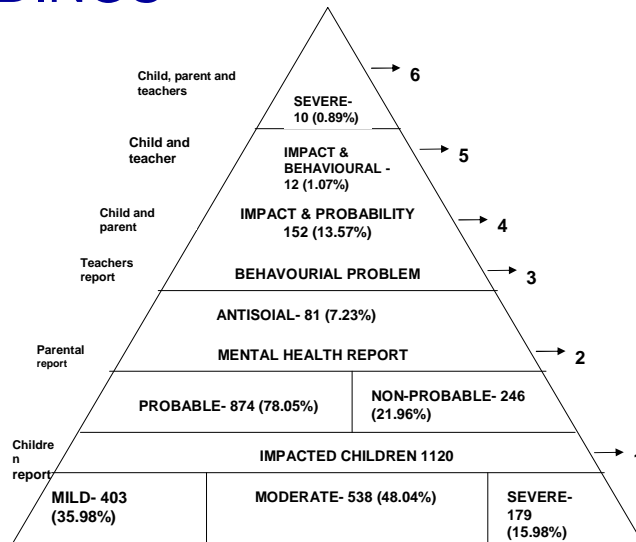
GENDER AND PROBABILITY



AGE AND PROBABILITY



# FINDINGS

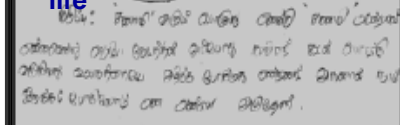


# METHODS OF PSYCHOSOCIAL CARE INTERVENTION

## FACIALEXPRESSION

### Three phases

- Child's present feelings
- Child's feelings about the event
- Child's feelings about future life



## THEMATIC STORY

### Three phases

- Relate to life incident
- Feelings after tsunami
- Problems child faces after tsunami



## FAMILY PORTRAIT

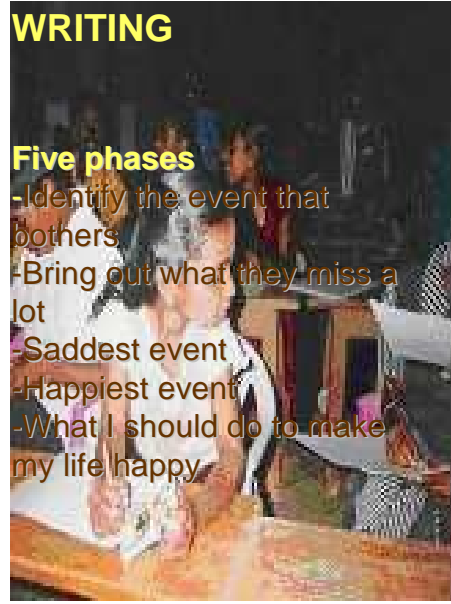
One phase  
Family members  
feelings



## WRITING

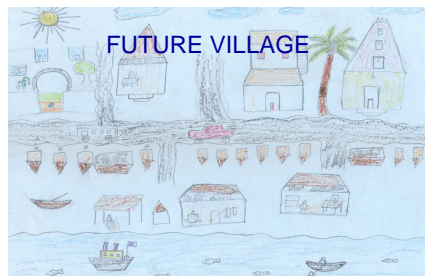
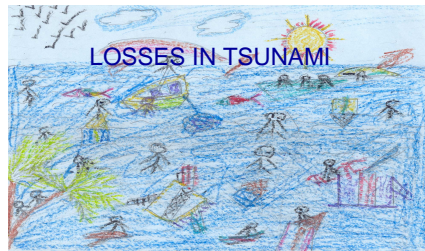
### Five phases

- Identify the event that bothers
- Bring out what they miss a lot
- Saddest event
- Happiest event
- What I should do to make my life happy



## DRAWING

### THREE PHASES



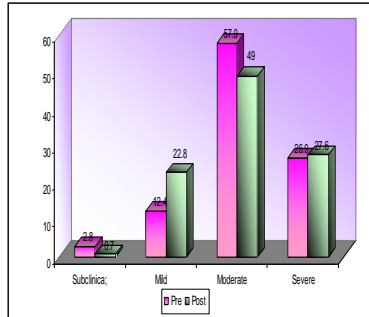


## OUTCOME

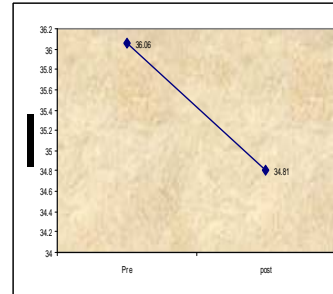
- VENTILATION
- UNDERSTANDING THE EVENT
- GAINING MASTERY OVER THE EVENT
- DEVELOP POSITIVE LIFE SKILLS

# IMPACT OF INTERVENTION

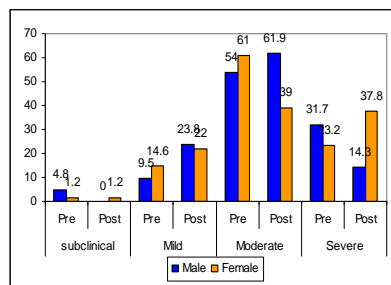
## Impact of event



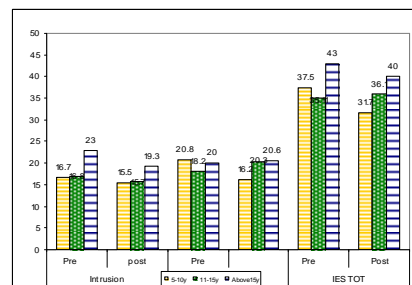
## MEAN IES



## IMPACT BY GENDER

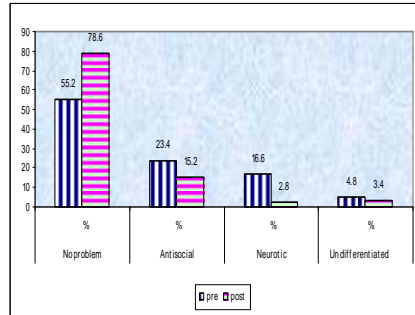


## IMPACT BY AGE

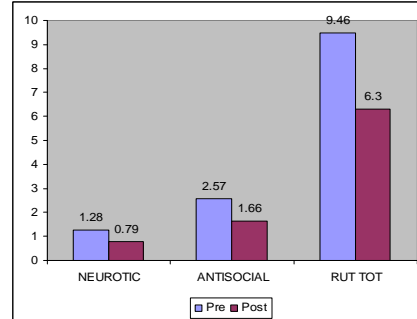


# BEHAVIORAL PROBLEM

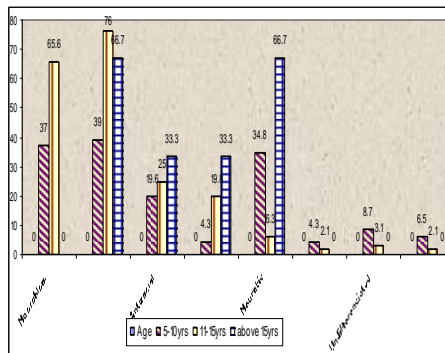
**Behavioral problem distribution**



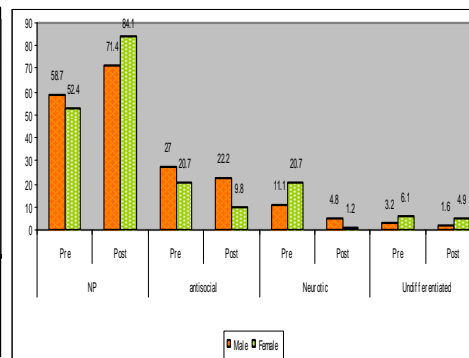
**Pre post comparison**



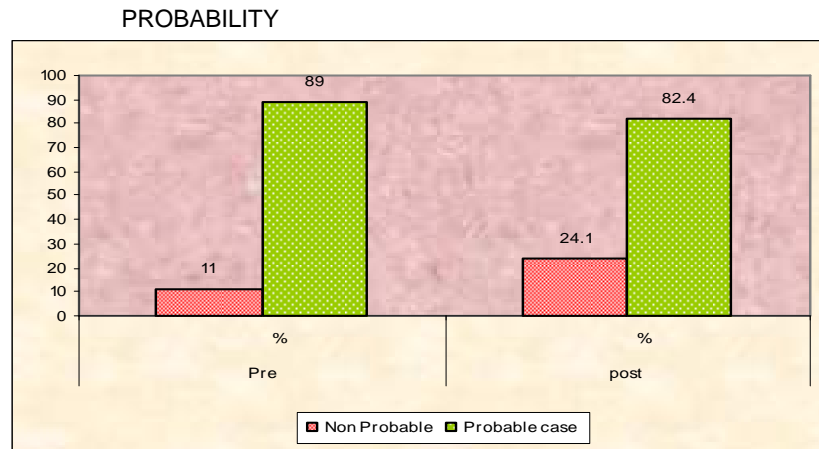
**BEHAVIORAL PROBLEM BY AGE**



**BEHAVIORAL PROBLEM /GENDER**

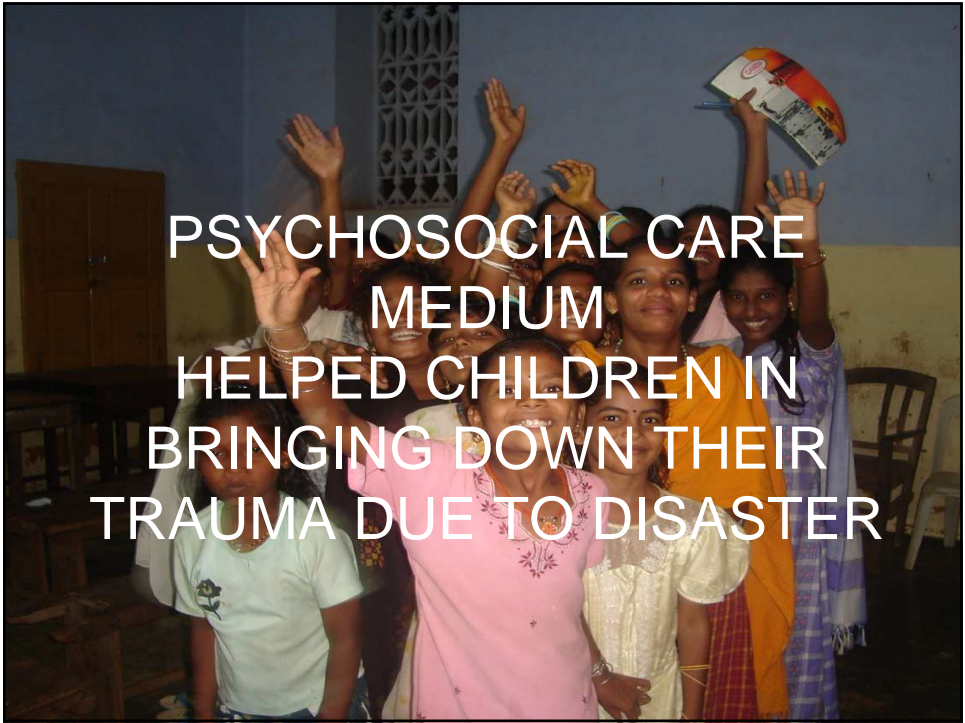


## PROBABLE MENTAL HEALTH PROBLEMS



## LIMITATIONS

- PROJECT DELAYED
- SELECTION OF PARTNER 'NGO'
- LAND AVAILABILITY
- IDENTIFICATION OF QUALIFIED TEACHERS
- LACK OF CLASSICAL EXPERIMENTAL DESIGN



PSYCHOSOCIAL CARE  
MEDIUM  
HELPED CHILDREN IN  
BRINGING DOWN THEIR  
TRAUMA DUE TO DISASTER

