

# ANDHRA PRADESH TSUNAMI PSYCHOSOCIAL RESPONSE PROGRAM 2005 – 2006

**KRISHNA AND PRAKASHAM**

(Sekar. K, Pavitra.R, Nagaraju.C,  
Rajashkhar, Yashasvini)



## Background .....



*After the Tsunami, CARE India and  
NIMHANS came to an agreement....*

- **NIMHANS** - designated as the nodal agency for psychosocial care in disaster in India.
- **CARE India** - International Charitable Organization, engaged in relief and development activities to help the weaker sections of the society.

## Area of Intervention..

- The worst affected Districts in AP- Nellore, Prakasham, Guntur and Krishna
- Psychosocial interventions decided to be started in two of the districts – Krishna and Prakasham
- Care District Offices in Nellore & Guntur.

## LOSS EXPERIENCED IN THE TWO DISTRICTS

- 107 reported deaths.
- 1, 96,000. number of people affected by the disaster
- Many people were reported missing.
- Major loss was of the livelihood
- Boats, nets, aqua culture lands-destroyed

(Machilipatnam and Ongole)



## Project details...

- Total of Rs.24,17,738 to be spent for PSC interventions in the state.
- A Program Manager and two Project Assistants chosen to work in AP, reporting to the Project Coordinator at NIMHANS.
- Working in liason with the PSC team in Chennai as well as the CARE district teams at Guntur and Nellore.

## OBJECTIVES:

- Integrate psychosocial trauma care into various interventions provided by the GO, NGO and SHG partners of CARE, to strengthen the psychological reconciliation & rehabilitation efforts.
- Decrease the psychological distress, increase functionality and promote quality of life among the survivors.
- Address the individual, work and organizational related stress among the GO, NGO and SHG partners involved in the rehabilitation services.

## METHODOLOGY

- Work conjointly with the GOs, NGOs and other service providers in the community.
- Ensure maximum outreach by using the existing personnel in the community.
- Enable the provision of training to a larger group, following the cascading effect.

## STRATEGIES

- Strategy 1 – Need Assessment
- Scales used for baseline data-
  1. Family schedule,
  2. Impact of Event Scale – Adults(IES),
  3. Impact of Event – Children,
  4. Self Reporting Questionnaire (SRQ)
  5. World Health Organization Disability Assessment Scale – II (WHODAS-II)

## Strategy – 1 Need assessment

This was carried out to gather information regarding the-

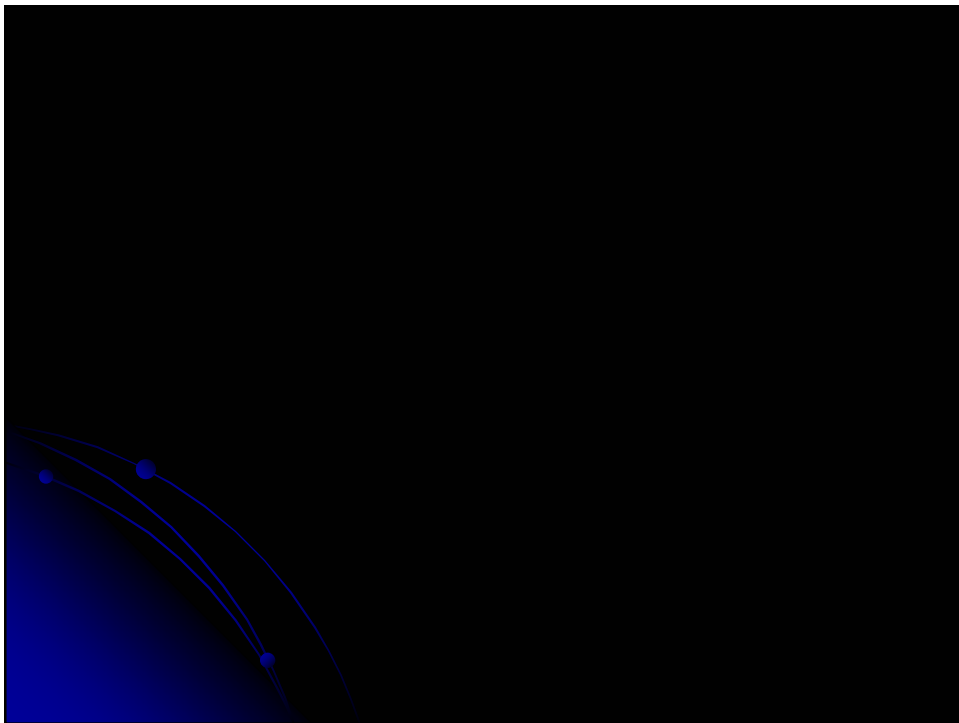
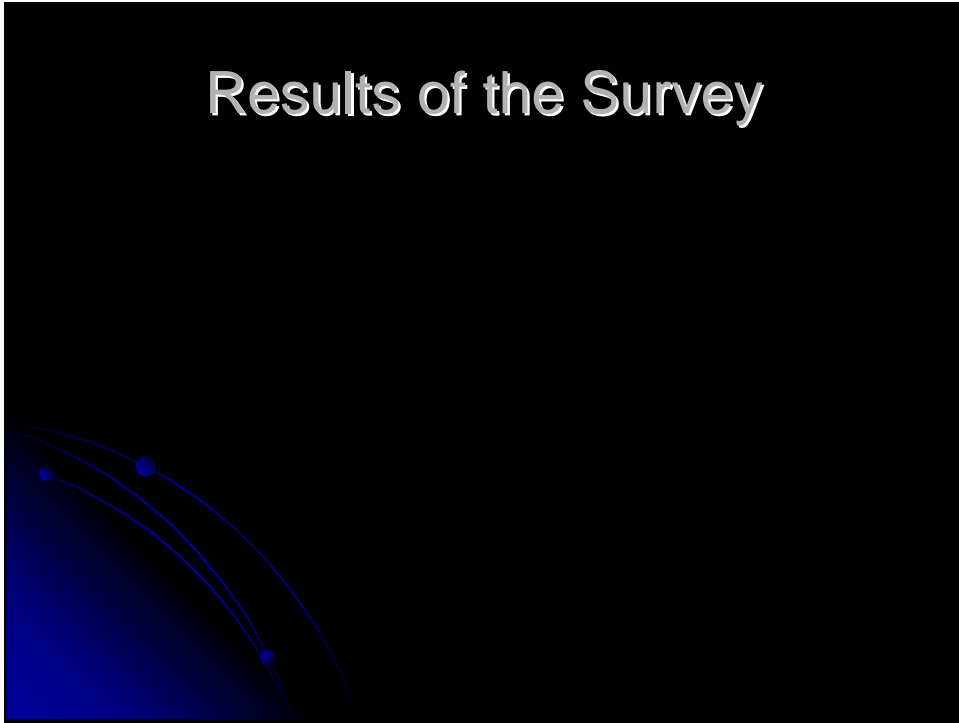
- impact of the event
  - severity of the impact
  - disability felt
- by the community members due to the tsunami.

## Need Assessment

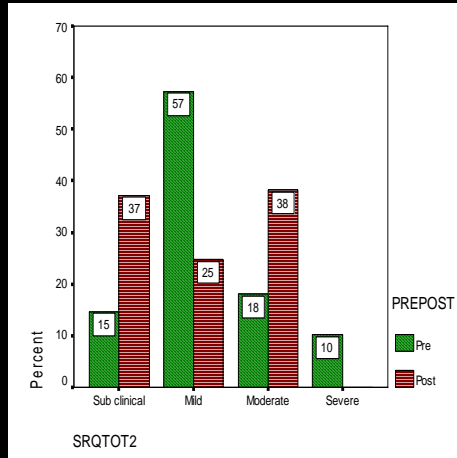
The data collected in this strategy was used for-

1. Understanding the extent and severity of the event
2. Comparing the results of the baseline to a follow up survey to see the extent of change in the trauma experienced.
  - Follow up survey conducted at the end of a year and the results compared with the baseline.

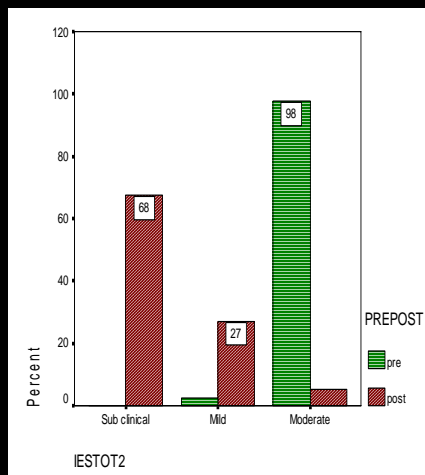
# Results of the Survey



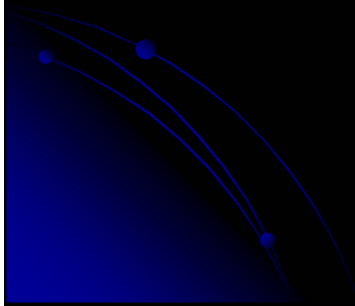
## Comparison of mean IES Prakasham District



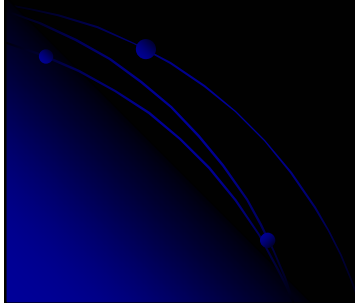
## Comparison of Mean IES scores Krishna District



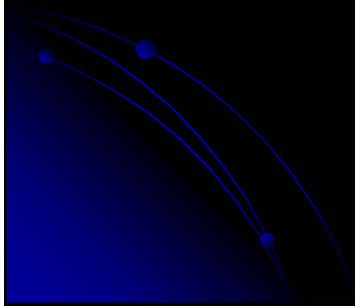
## Comparison of mean SRQ Scores Prakasham District



## Comparison of Mean SRQ Scores Krishna District



## Comparison of the Disability scores Prakasham District



## Comparison of the Disability scores Krishna District

